

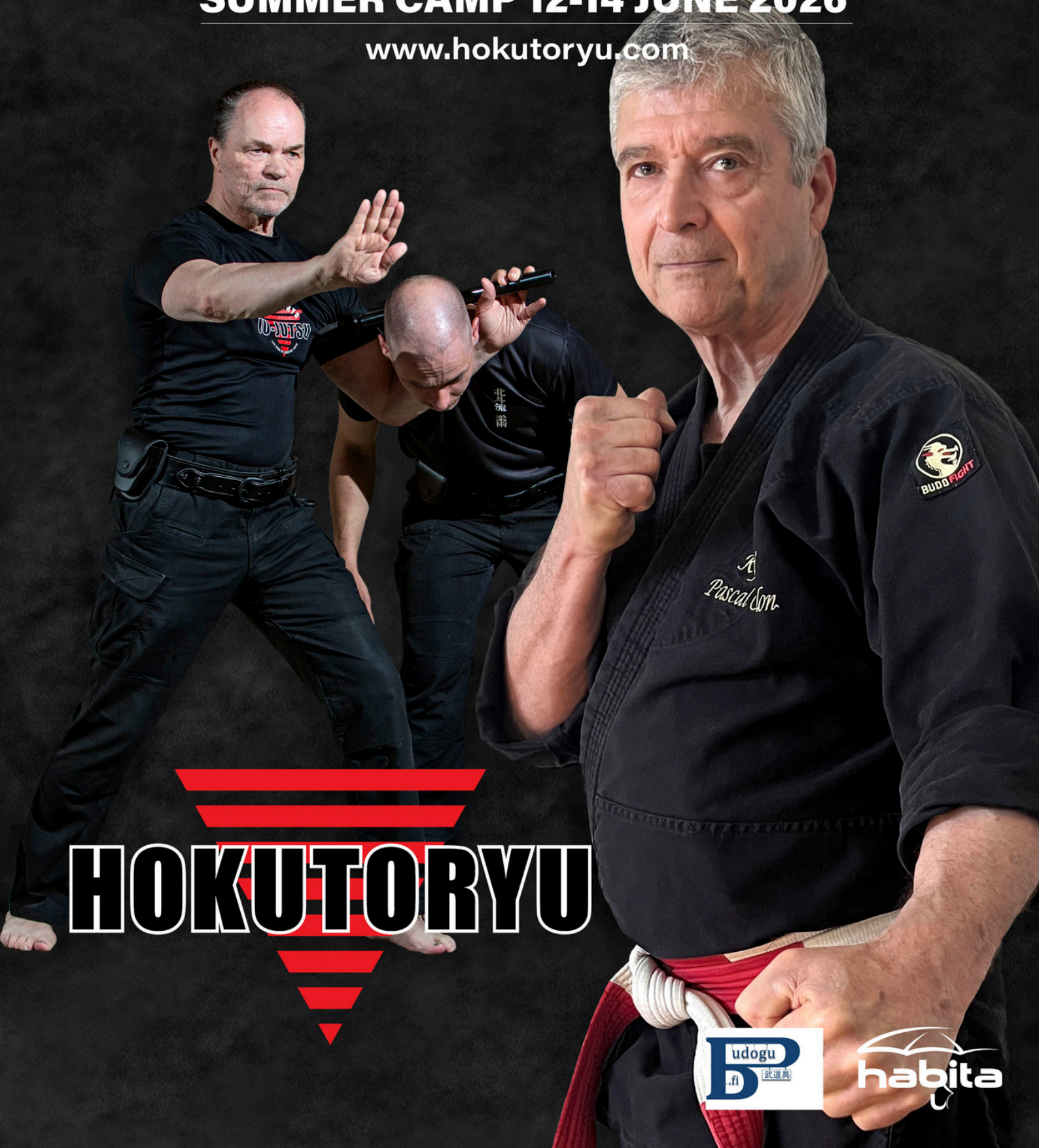
KESÄLEIRI

12.-14.6.2026

Liikuntakeskus Pajulahti, Pajulahdentie 167, 15560 Nastola

SUMMER CAMP 12-14 JUNE 2026

www.hokutoryu.com



HOKUTORYU



HOKUTORYU JU-JUTSU SUMMER CAMP 12.-14.6.2026 PAJULAHTI



Venue

The Hokutoryu ju-jutsu Summer Camp is held at the Pajulahti Olympic Training Center. Pajulahti is located in the middle of nature, surrounded by beautiful lake scenery, about one hour's drive from Helsinki-Vantaa Airport.

Pajulahti offers competitive and elite sports-related training facilities, coaching education and training camps for professional athletes and sportsmen.

In addition to training, participants can relax in the peaceful lakeside environment with full board. In the evenings, participants have access to a traditional Finnish lakeside sauna, with the possibility to go for a swim in the fresh lake water.

Camp director

✚ Soke Auvo Niiniketo 10. dan

Instructors

✚ Finnish top level instructors

🇫🇷 Pascal Coulon 7. Dan

🇸🇪 Magnus Cederblad 8. Dan

🇵🇱 Andrei Ambros 6. Dan

🇳🇴 Ottar Vassenden 6. Dan

Juniors

The camp for junior fighters is from Fri-Sun. More information coming soon. There is plenty of things for family members to do in the Pajulahti Olympic Training Center.

Schedule

Friday 12.6.

15.00	Check in
16.00	Camp reception opens
17.00–18.30	All belt grades
18.30–20.00	Dinner
18.00–22.00	Swimming and sauna by the beach

Saturday 13.6.

06.30	Morning swimming and gymnastics
07.15–09.15	Breakfast
09.30–11.00	Belt exams
11.00–12.20	White, yellow and orange belts
11.00–14.00	Lunch
12.20–12.50	Opening Ceremony
12.55–14.20	Green, blue, brown and black belts
14.25–15.50	White, yellow and orange belts
15.55–17.20	Green, blue, brown and black belts
16.30–19.00	Dinner
18.00–22.00	Swimming and sauna by the beach
20.00–22.00	Black belt sauna (sauna 4) The schedule of the evening program will be announced later.

Sunday 14.6.

06.30	Morning swimming and gymnastics
07.15–08.00	Breakfast
08.30–10.00	All belt grades
10.00–10.45	Check out
10.45–12.00	Allt belt grades
12.00–13.30	Lunch

Belt exams

Sat 13th of June at the camp venue at 9.30 am. Belt exams of all Kyu and Mon levels can be taken at the camp.

Outdoor training

Some of the trainings are held outdoors if the weather allows it. Bring shoes proper for outdoor training.

12-14.6.2026

ACCOMMODATION IN PAJULAHTI 12.-14.6.2026

Accommodation packages include full board (2 breakfasts, 2 lunches and 2 dinners), use of facilities, and access to the lakeside sauna on Friday and Saturday evenings. You don't have to stay at Pajulahti to take part in the camp, but it is recommended, as meals, sauna and other activities are chargeable for participants not staying on site.

Sport Standard

Sport Standard Room feature: bathroom with shower, tv, fridge, bed linen and towel. Room capacities from single to 6-person combination rooms.

Adult

Shared 2-4 person room: 180 € /person
Single room + 35€ /night

6-16 years

Shared 2-4 person room: 170 € /person

Hotel Standard

Hotel Standard Rooms feature: bathroom with shower, tv, fridge, microwave, coffee maker, kettle, coffee mugs, air conditioning and heat. Room capacities from single to 4-person rooms.

Adult

Shared 2 person room: 225 € /person
Shared 3-4 person room: 205 € /person
Single room + 35€ /night

6-16 years

Shared 2-4 person room: 195 € /person

More information, options and booking through [this link](#). There is a limited amount of accommodation packages, last day of booking is the 1st of June. This link is for international participants. If you live in Finland, please book through the link in the Finnish brochure.

Booking requests: Sari Mikkola sari.mikkola@kolmekampusta.fi, +358 44 7755 210.

[**BOOK HERE**](#)

HOKUTORYU JU-JUTSU SUMMER HIGHLIGHT



Registration and camp fee

No pre-registration is required, registration takes place on site.

The camp fee is 70 €. The camp fee can either be paid by cash to the camp reception or in advance by bank transfer into Helsingin ju-jutsu klubi bank account: NORDEA FI58 2238 1800 0036 65. Last day to pay by bank transfer is on the 5th of June. Take the receipt of the bank transfer with you to the camp venue.

The registration is at the camp reception, the reception opens on Friday 12th of June at 4pm. NOTE! The camp reception is different from the Pajulahti Olympic Training Center reception.

Additional information

www.hokutoryu.com

Hokutoryu HQ:

info@hokutoryu.com

+358 9 694 6554, Mon-Fri 1 pm - 8 pm

