

# HOKUTORYU JU-JUTSU SUMMER CAMP

PAJULAHTI 13-15.6.2025

## VENUE

The Hokutoryu ju-jutsu summer camp is held at the Pajulahti Olympic Training Center. Pajulahti offers competitive and elite sports-related training facilities, coaching education and training camps for professional athletes and sportsmen. Read more about the camp venue through [this link \(Pajulahti\)](#).

## BELT EXAMS

Sat 14th of June at the camp venue at 9.30 am. Belt exams of all kyu and mon levels can be taken at the camp.

## REGISTRATION AND CAMP FEE

The camp fee is 70€. The camp fee can either be paid by cash to the camp reception or in advance by bank transfer into Helsingin ju-jutsuklubi bank account: NORDEA FI58 2238 1800 0036 65. Last day to pay by bank transfer is on the 5th of June. Take the receipt of the bank transfer with you to the camp venue.

The registration is at the camp reception, the reception opens on Friday 13th of June at 4pm. NOTE! The camp reception is different from the Pajulahti Olympic Training Center reception.





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## CAMP DIRECTOR

✚ SOKE AUVO NIINIKETO 10. DAN

## INSTRUCTORS

✚ FINNISH INSTRUCTORS

✚ FRANZ BOADELLA 6. DAN

🇸🇪 MAGNUS CEDERBLAD 8. DAN

🇵🇹 ANDREI AMBROS 6. DAN

🇳🇴 OTTAR VASSENDEN 6. DAN

✚ FRITZ MELCHER 6. DAN

🇳🇴 MADS RASK 4. DAN

## OUTDOOR TRAINING

Some of the trainings are held outdoors if the weather allows it. Bring shoes proper for outdoor training.

## JUNIORS

The camp for junior fighters is from Fri-Sun. More information coming soon. There is plenty of things for family members to do in the Pajulahti Olympic Training Center.



FRANZ BOADELLA 6. DAN



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## CAMP SCHEDULE

Friday 13.6.

- 15.00 - Check in
- 16.00 - Camp reception opens
- 17.00 - 18.30 All belt grades
- 18.30 - 20.00 Dinner
- 18.00 - 22.00 Swimming and sauna by the beach

Saturday 14.6.

- 06.30 Morning swimming and gymnastics
  - 07.15 - 09.15 Breakfast
  - 09.30 - 11.00 Belt exams
  - 11.00 - 12.20 White, yellow and orange belts
  - 11.00 - 13.30 Lunch
  - 12.20 - 12.40 Opening ceremony
  - 12.45 - 14.10 Green, blue, brown and black belts
  - 14.15 - 15.40 White, yellow and orange belts
  - 15.45 - 17.10 Green, blue, brown and black belts
  - 16.30 - 19.00 Dinner
  - 18.00 - 22.00 Swimming and sauna by the beach
  - 20.00 - 22.00 Black belt sauna (sauna 4)
- The schedule of the evening program will be announced later.

Sunday 15.6.

- 06.30 Morning swimming and gymnastics
- 07.15 - 08.00 Breakfast
- 08.30 - 10.00 All belt grades
- 10:00 - 10:45 Check out
- 10.45 - 12.00 All belt grades
- 12:00 - 13:30 Lunch





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## ACCOMMODATION IN PAJULAHTI

The prices include 2 x dinner, 2 x breakfast ja 2 x lunch,  
6-16y prices in the parentheses:

- sport standard shared 2-4 person room 170 €/person (160€)
- hotel shared 2 person room 210 €/person (190€)
- hotel shared 3-4 person room 190 €/person (170€)
- extra fee for a single room is 32€/night.

There is a limited number of rooms available, so make sure to book your accommodation in time. The accommodation is booked directly from Pajulahti through [this link](#) (international guests). Please note, that these prices are for international guests, if you live in Finland, book through the link in the Finnish camp brochure.

Last chance to book the accommodation is on the 18th of May or as long as there are rooms available. Information about accommodation from Pajulahti Olympic Training Center Sari Mikkola sari.mikkola@pajulahti.com, +358 44 7755 210.

A large number of participants is expected at the camp, so Pajulahti cannot offer single rooms at this stage. After the accommodation reservation link closes, they will see how many single rooms can be made available. Please make and pay for your reservation at your preferred accommodation level and indicate your request for a single room in the additional information field. Pajulahti will notify about available rooms in order of reservation starting from May 20th.

Participation in the camp does not necessarily require staying at Pajulahti, but it is recommended, as meals, sauna, and other activities are available to non-staying guests for an additional fee.

You can also bring your family members to Pajulahti, and they will receive the accommodation and meal package at the same rate as the participants. It's a great opportunity to enjoy a relaxing weekend with your loved ones, even if they're not participating in the camp itself.

## MORE INFORMATION

[www.hokutoryu.com](http://www.hokutoryu.com)

Hokutoryu HQ: [info@hokutoryu.com](mailto:info@hokutoryu.com)

+358 9 694 6554 (week days at 1pm to 8pm)



Pajulahti